### 2. Selection Committee

The scholarship will be awarded by the Vice-Chancellor on the recommendation of a selection committee, which shall comprise:

- 2.1 The Chair of the respective sporting code or nominee, and
- 2.2 At least two representatives from the Lincoln University Sports Scholarship Management committee.
- 3. Performance Assessment and Annual Scholarship

#### Zealand (https://e-learning.dfsnz.org.nz)

- 6.5.3 Any supplement ordered and/or taken must be permitted under the World Anti-Doping Agency (WADA) code, in consultation with the Lincoln University nutrition coach. Each supplement's ingredients list should also be cross-checked through Drug Free Sport New Zealand.
- 6.5.4 Athletes must disclose any supplements they are taking to the Lincoln University Nutrition Coach.

Please note: supplements can become contaminated and there is always a doping risk associated with taking any supplement.

### 7. Medical/Injuries

- 7.1 In the event of injury or illness suitable documentation must be provided by a Lincoln University approved medical provider.
  - 7.1.1 For illness, scholars are required to notify their trainer via Metrifit message, or by text prior to their next compulsory session. It is recommended that the scholar uses Student Health and Support for the medical treatment of illness.
  - 7.1.2 For injury, or ongoing treatment, scholars are required to provide a medical certificate within seven days of the injury occurring.
- 7.2 Communication around injury management is of utmost importance. When applying, accepting and participating in the Lincoln University Sports Scholarship programme, all injuries are to be disclosed, along with the nature and date of any previous injury and any residual effects. Failure to disclose any injury may result in the scholar being removed from the scholarship.
- 7.3 Any injury or illness must be communicated immediately to the Sports Scholar's individual trainer. Accompanying medical documentation must be provided with guidelines and/or contraindications. This documentation must normally be submitted by an approved Lincoln University medical provider.
- 7.4 Lincoln University Sports Scholarship Management may require further information for clarification or follow up with a specialist, doctor and/or physical therapist. It is the Sports Scholar's responsibility to acquire this inf
- 7.5 When appropriate, Lincoln University may be required to communicate medical and/or athletic and sporting information with relevant parties. This will be done in a confidential and sensitive manner.
- 8. Compulsory Sports Scholarship Sessions
  - 8.1 Sports Scholars are required to attend and participate in all the following sessions:
    - 8.1.1 Orientation (currently two weeks prior to the start of lectures)
    - 8.1.2 Weekly scheduled training sessions

- 8.1.3 House events
- 8.1.4 Athlete education and/or Sport Development sessions
- 8.1.5 Weekly data input updates of the athlete management system (Metrifit)
- 8.1.6 Weekly skills development sessions provided by Lincoln University Sports partners.
- 8.2 Individual strength and conditioning tests as well as anthropometric analysis will be conducted a minimum of three times throughout the academic year. The test results and any matters that need attention will be communicated individually to the scholars, the Sporting Partners and to members of the Sports Scholarship Management Committee.
- 8.3 Any scholar who seeks to be absent from the University for any sporting commitments should complete the Sport Leave Dispensation Form including documentary evidence requirements and submit to the Scholarships Office or Sports Scholarship Academic Coordinator two weeks in advance of the date of departure.

#### 9. Sporting Performance

- 9.1 All Sports Scholars must be available, if selected, to represent the Canterbury province in their respective sport. Each sport scholar's representative commitments will be managed by Lincoln University in conjunction with the appropriate Sports Partner.
- 9.2 If not selected by the Canterbury region, then eligibility to represent 'region of origin' can apply as per the rules of their respective National Sports Organisation.
- 9.3 Sports Scholars must not sign any provincial or regional agreement , Provincial Union (PU) or Provincial Union Development (PUDC), or any other similar contract in relation to their sporting partner with any other New Zealand provincial union or province prior to the commencement of Semester Two (July) in the year(s) the Sports Scholarship is tenable.
  - 9.3.1 The signing of any such contract requires prior consultation and approval by both the Sporting partner and Sports Scholarship Manager.
  - 9.3.2 The signing of any such contract without prior consultation may result in the scholar having to pay a portion of their future tuition fees or have their scholarship withdrawn or suspended.
- 9.4 The Sports Partners are responsible for setting goals and for monitoring the scholars' sporting performance. Each scholar will be assigned goals as part of their Individual Performance Plan (IPP) in consultation with their Sports Partner Manager.
- 9.5 Sports Scholars must attend all compulsory skills sessions as specified by their Sports Partner Manager. Failure to do so will result in a written warning.
- 9.6 If a sports scholar does not attain the agreed-upon goals and/or representative honours the Sports Partner may recommend to the Sports Scholarship Management Committee that the scholarship should be withdrawn. If this recommendation is supported by the Strategic Scholarship committee, the sport scholar will be formally advised of this decision by the University at the end of Semester One.

- 10.2 All Sports Scholars that represent Lincoln University and their sporting partner are also bound by the Lincoln University Sport Partner Code of Conduct.
- 10.3 It is expected that Sports Scholars contribute a minimum number of hours toward sport and/ or service to the university. Note: flexibility will be granted where a scholar has professional- or semi-professional player status.
- 10.4 Volunteer contributions may consist of voluntary coaching, refereeing, umpiring, promotional or other role model activities consistent with 10.1.6.

The expected volunteer contribution hours are:

First year: 2-3 hours Second year: 4-6 hours Third year or later: 2-4 hours

10.5 Each Sporting Partner will provide education in the form of a coaching framework to support voluntary coaching.

#### Conclusion

These procedural guidelines have been formally agreed to by Sports Scholarship Management committee and are effective as from the beginning of Semester One 2020. The guidelines will be subject to on-going review and refinement.

By accepting this scholarship, the Sports scholar consents to the access and use by the Sport Scholarship Management Committee, or their representatives, of any data collected on or by the scholar, for research towards the betterment of individual students or the Sports Scholarship Programme.

# LINCOLN UNIVERSITY SPORTS SCHOLARSHIP PROGRAMME SCHOLARS' CODE OF CONDUCT

This Code of Conduct should be read in conjunction with the Sports Scholarship Terms and Conditions, and the Code of Conduct Guidelines.

As a Lincoln University Sports Scholar, I agree to abide by this Code of Conduct.

1. I will be

## Sports Scholarship Programme Scholars' Code of Conduct Guidelines

In general, private one-to-